





**Healthy baby
teeth give
your child a
beautiful
smile!**



Protect Your Baby's Smile!

-  **Check out fluoride.**
-  **Limit sweet snacks.**
-  **Brush daily with a small pea-sized dab of fluoride toothpaste.**
-  **Visit the dentist by baby's first birthday.**

**For more information contact
your local dental clinic**



**This pamphlet was written by
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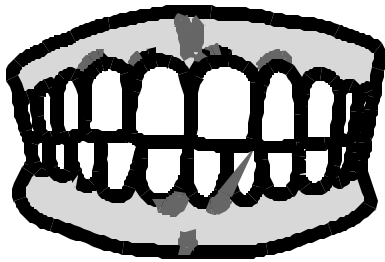
**Healthy Smiles for
American Indian and
Alaska Native people**

Baby Teeth are Important!



Why are Baby Teeth Important?

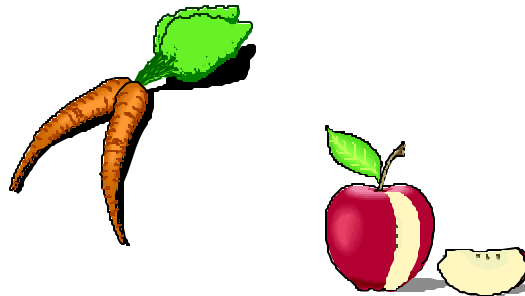
Holding Space



If the baby teeth are lost early because of cavities, permanent teeth may come in crooked.

Biting and Chewing

Without the front baby teeth, it's hard to bite into fresh foods like carrots and apples. This can affect your child's nutrition as he gets older.



Speaking Clearly



Without the front baby teeth, it is hard to speak clearly. Children who do not speak clearly, may not do as well in school.

Baby Teeth Are Important!